

The Chepstow GP Support Criteriums

**Wednesday 13th July 2016
RACE MANUAL**

Start of Racing 17:45 hrs

Showers/Changing: - Chepstow Leisure Centre, NP16 5LX

Follow the purple arrows to the competitor's car park in the (top) School Car Park. Please leave cars in the school car park and walk down to the circuit as directed below (approx 10 mins walk). There is a council car park a little closer to the town centre at the bottom of Welsh Street in Dell View.

17:00 – 17:45 Race Control Open – Signing on, Verification of licences and collection of numbers & transponders.

Signing on – takes place at the **Tourist Information Centre** in the Castle Car Park, NP16 5EY

Race Numbers and Transponders – riders will be issued with two race numbers and a transponder. Race numbers must be worn **UNFOLDED** and transponders returned to the signing on stewards **IMMEDIATELY** the race finishes.

Riders failing to return a transponder will be invoiced £50

Start & Finish Line – Riders and helpers to follow the **green arrows** from the Leisure Centre to arrive at the Pits Area in the Castle Car park adjacent to and immediately behind the finish. If you have parked in the Leisure Centre, it is advisable to leave in plenty of time to arrive for your start. The route is on a narrow road which takes you through the castle grounds, to the designated Event Village and pits area. Please take care of other pedestrians and cyclists.

Race Start – Security of the race will be managed by race marshals from MJ Events Support and Welsh Cycling.

Finish & Presentation of 1st 2nd 3rd awarded for each category will take place on the podium at the finish line as soon as practicable after each race has finished, subject to judging.

There are public toilets in the start area / event village

Rider Lists

Youth C,D & E – note combined race due to low numbers

| | Start Time 17:45 | | Youth C,D & E | | |
|-----|------------------|---------------------|---------------------------------|----------|--------|
| No | Name | | Club / Team Name | Category | Gender |
| 8 | Bethany | Bennett | Towy Riders | C | F |
| 10 | Iolo | Dafydd | Towy Riders | C | M |
| 11 | Jack | Hastings | Cardiff JIF | C | M |
| 12 | Kyle | Jones | Maindy Flyers Youth CC | C | M |
| 13 | Joel | Maclean-Howell | Cardiff JIF | C | M |
| 14 | Ella | Maclean-Howell | Cardiff JIF | C | F |
| 15 | Ethan | Pratten | Cardiff JIF | C | M |
| 16 | Elen | Price | Maindy Flyers Youth CC | C | F |
| 17 | Ella | Roberts Hayamizu | Maindy Flyers Youth CC | C | F |
| 21 | Freya | Evans | The Bulls | C | F |
| | | | | | |
| | | | | | |
| 100 | Cian | Evans | The Bulls | D | M |
| 102 | Catie | Bignell | Abergavenny Road Club | E | F |
| 103 | Oliver | Bryan | Climb On Bikes CC | E | M |
| 104 | Ilan | Dafydd | Towy Riders | E | M |
| 105 | Oscar | Davies | CC Abergavenny/JP Signs & Print | D | M |
| 106 | Iestyn | Jones | Maindy Flyers Youth CC | D | M |
| 107 | Ryu | Roberts Hayamizu | Maindy Flyers Youth CC | D | M |
| 108 | Rebecca | Woodvine | Mid Shropshire Wheelers | D | F |

Youth A & B categories – Start Time 18:10

| No | Name | | Club / Team Name | Cat | Gender |
|----|-----------|----------------|-----------------------------------|-----|--------|
| 1 | Emily | Abram | Newport Youth Velo Cycling Club | A | F |
| 2 | Megan | James | Abergavenny Road Club | A | F |
| 3 | George | Bazley | Bristol Cycling Development Squad | A | M |
| 5 | Samuel | Beckett | Cardiff JIF | A | M |
| 7 | Will | Bromham | Westbury Wheelers | A | M |
| 8 | Brecon | Burnett | Maindy Flyers Youth CC | A | M |
| 9 | Conor | Chandler | Bristol Cycling Development Squad | A | M |
| 10 | Morgan | Curle | Bristol Cycling Development Squad | A | M |
| 11 | Krispin | Gardiner | Bristol Cycling Development Squad | A | M |
| 12 | Lewis | Hopkins | | A | M |
| 13 | Jack | Lee | Maindy Flyers Youth CC | A | M |
| 14 | Daniel | Maclean-Howell | Cardiff JIF | A | M |
| 15 | Kieran | Morris | Mid Shropshire Wheelers | A | M |
| 16 | Ryan | Pike | Cardiff JIF | A | M |
| 17 | Samuel | Reakes | Bynea CC | A | M |
| 18 | Joshua | Sandman | Climb On Bikes CC | A | M |
| 19 | Charlie | Shields | Bristol Cycling Development Squad | A | M |
| 20 | Tom | Silcox | Cardiff Ajax CC | A | M |
| 21 | James | Silcox | Cardiff Ajax CC | A | M |
| 22 | Ryan | Watkins | Union Cycliste Ystrad Mynach | A | M |
| 23 | Laura | Curle | Bristol Cycling Development Squad | B | F |
| 24 | Danielle | Parker | Cycle Specific | B | F |
| 25 | Ryan | Abram | Newport Youth Velo Cycling Club | B | M |
| 26 | Guto | Dafydd | Towy Riders | B | M |
| 27 | Spencer | Davies | CC Abergavenny/JP Signs & Print | B | M |
| 28 | Samuel | Holwill | Hafren CC | B | M |
| 29 | Alexander | Hughes | Abergavenny Road Club | B | M |
| 30 | Liam | James-Morris | Maindy Flyers Youth CC | B | M |
| 31 | Ryan | Phillips | Maindy Flyers Youth CC | B | M |
| 32 | Gethin | Price | Maindy Flyers Youth CC | B | M |
| 33 | Cian | Roberts | Towy Riders | B | M |
| 34 | Ayrton | Smith | Maindy Flyers Youth CC | B | M |
| 35 | Bevan | Smith | Cardiff JIF | B | M |
| 36 | Euan | Taylor | Salt & Sham Cycle Club | B | M |
| 37 | Rhys | Thomas | MnD Fusion RT / Gearclub / WORX | B | M |
| 38 | William | Truelove | Climb On Bikes CC | B | M |
| 39 | Max | Williams | Climb On Bikes CC | B | M |
| 40 | Joseph | Williams | Bristol Cycling Development Squad | B | M |
| 43 | Evan | Kennedy | Newport Youth Velo Cycling Club | B | M |
| 46 | Iwan | Evans | The Bulls | B | M |

2nd,3rd,4th Category Support Race – Start Time – 19:00

| No | Name | | Club / Team Name | Category | Gender |
|-----|-------------|------------|---------------------------------|----------|--------|
| 64 | Joshua | Andrews | Climb On Bikes CC | 4th | M |
| 65 | Charlie | Bailey | Rhino Velo Race Team | 3rd | M |
| 66 | Peter | Banham | Team Jewson-M.I.Racing-Polypipe | 2nd | M |
| 67 | Matthew | Beckett | Cardiff JIF | 2nd | M |
| 68 | Gerry | Bowditch | Dream Cycling Race Team | 2nd | M |
| 69 | Kyle | Brady | DMW - BRIDGTOWN | 2nd | M |
| 70 | Kieran | Ellis | Bristol South CC | 3rd | M |
| 71 | Hefin | Evans | NFTO Race Club | 2nd | M |
| 72 | Ross | Evans | Cycology Sunwise | 2nd | M |
| 73 | Alfie | Franks | Zappi's Racing Team | 2nd | M |
| 74 | Scott | Fryer | | 4th | M |
| 75 | Robert | Grover | Velo Club Walcot | 4th | M |
| 76 | Justin | Harcourt | Urban Cyclery | 2nd | M |
| 77 | Oliver | Hayward | University of Birmingham CC | 2nd | M |
| 78 | Andy | Hoskins | Cardiff JIF | 2nd | M |
| 79 | Tim | Hutchinson | NFTO Race Club | 3rd | M |
| 80 | James | Lambton | Oxford University Cycling Club | 2nd | M |
| 81 | Gavin | Lancaster | Ride 24/7 | 3rd | M |
| 82 | Darren | Morgan | NFTO Race Club | 3rd | M |
| 83 | Matt | Morris | NFTO Race Club | 4th | M |
| 84 | Isaac | Mundy | Oxford University Cycling Club | 2nd | M |
| 85 | Luke | Nolan | Cycology Sunwise | 2nd | M |
| 86 | Jali | Packer | Strada-Sport | 2nd | M |
| 87 | Iain | Palmer | Twickenham CC | 3rd | M |
| 88 | Will | Perrin | Gannet CC | 2nd | M |
| 89 | Rhys | Phillips | NFTO Race Club | 2nd | M |
| 90 | Evan | Powell | Pontypool RCC | 2nd | M |
| 91 | George | Richardson | NFTO Race Club | 2nd | M |
| 92 | John | Russell | T1Diabetes.info | 2nd | M |
| 93 | Christopher | Springett | Velo Club Montpellier | 3rd | M |
| 94 | Iain | Stuart | Bristol RC | 4th | M |
| 95 | Alexandre | Touche | Catford CC Equipe/Banks | 2nd | M |
| 96 | Oliver | Cooper | NFTO Race Club | 2nd | M |
| 97 | Charlie | White | HMT with JLT Condor | 2nd | M |
| 98 | Jonathan | Williams | Climb On Bikes CC | 3rd | M |
| 99 | Mathew | Wilson | | 4th | M |
| 100 | Matt | Witts | Ride 24/7 | 2nd | M |



Event Officials

| | | |
|----------------------------------|---------|------------|
| Event Organiser & Safety Officer | Steve | Thomas |
| Chief Commissaire | Liz | Slater |
| Commissaire | Anne | Russell |
| Chief Judge | Richard | Hopkins |
| Photo Finish | British | Cycling |
| Commentator Start/Finish | Hugh | Porter MBE |
| First Aid | TBC | |

Marshals Welsh Cycling / Monmouthshire County Council / Monmouthshire Wheelers

Event Organiser - Steve Thomas

Tel. 01873 892802 email thomassj2@yahoo.co.uk www.chepstowcycling.org.uk